

New Mexico

Supplemental Nutrition Assistance Program

January 15th, 2021



The Supplemental Nutrition Assistance Program (SNAP) is the nation's most important anti-hunger program.

Whom Does SNAP Reach?

In fiscal year 2019,^a it reached:

- **448,000** New Mexico residents, or **21%** of the state population (**1 in 5**)
- **38,000,000** participants in the United States, or **12%** of the total population (**1 in 9**)

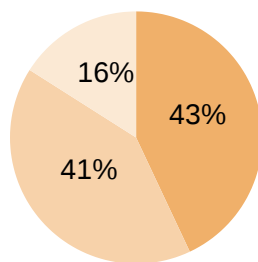
NEW MEXICO	almost 67% of SNAP participants are in families with children	more than 27% are in families with members who are elderly or have disabilities	more than 52% are in working families
NATIONALLY	more than 66% of SNAP participants are in families with children	almost 36% are in families with members who are elderly or have disabilities	almost 42% are in working families

Source: CBPP analysis of data from USDA Food and Nutrition Service, FY 2019

Most SNAP Participants in New Mexico Are Poor

Share of participants by household income, FY 2019

- Income at or below 50% of poverty
- Income between 51-100% of poverty
- Income above 100% of poverty



Source: CBPP analysis of data from USDA Food and Nutrition Service, FY 2019

Many New Mexico households struggle to put food on the table. The most recent data show:

- **15.1%** of households were “food insecure,” or struggled to afford a nutritionally adequate diet.
- Median income was **1.4% above** the 2007 level, after adjusting for inflation.
- **18.2%** of the population lived below the poverty line.
- **24.9%** of children lived below the poverty line.
- **13.5%** of elderly lived below the poverty line.

SNAP reaches needy populations: Between 95 and 100% of eligible individuals participated in SNAP in **New Mexico** in 2017, and **Between 95 and 100%** of eligible workers participated.

SNAP kept **65,000** people out of poverty in **New Mexico**, including **29,000** children, per year between 2013 and 2017, on average. (These figures adjust for households' underreporting of benefits.)

What Benefits Do SNAP Recipients Receive?

SNAP targets benefits according to need. Very poor households receive more SNAP benefits than households closer to the poverty line since they need more help affording an adequate diet. SNAP recipients in [New Mexico](#) received \$632.91 million in benefits in 2019.^a



Fiscal Year 2019

Average monthly SNAP benefit for each household member:

\$127

Average SNAP benefit per person per meal:

\$1.29

Average Monthly SNAP Benefit By Demographic Group, FY 2019, New Mexico

All Households

\$233

Households with children

\$379

Working households

\$282

Households with seniors

\$109

Households with non-elderly disabled individuals

\$172

Source: CBPP analysis of data from USDA Food and Nutrition Service, FY 2019

How Does SNAP Benefit the Economy?

Moody's Analytics estimates that in a weak economy, \$1 in SNAP benefits generates \$1.70 in economic activity. Households receive SNAP benefits on electronic benefit transfer (EBT) cards, which can be used only to purchase food at one of about 247,600 authorized retail locations around the country, including some 1,600 in [New Mexico](#).



For more information on SNAP, including New Mexico-specific information, please see:

Center on Budget and Policy Priorities Chart Book: <https://www.cbpp.org/research/food-assistance/chart-book-snap-helps-struggling-families-put-food-on-the-table>

USDA SNAP data: <http://www.fns.usda.gov/pd/supplemental-nutrition-assistance-program-snap>

New Mexico SNAP program:

[http://www.hsd.state.nm.us/LookingForAssistance/Supplemental Nutrition Assistance Program SNAP .aspx](http://www.hsd.state.nm.us/LookingForAssistance/Supplemental_Nutrition_Assistance_Program_SNAP.aspx)

Advocates: New Mexico Appleseed, www.nmappleseed.org, New Mexico Center on Law and Poverty, www.nmpoertylaw.org

Notes: In addition to SNAP, in FY 2019, based on preliminary data, an average of about 2,700 individuals in New Mexico received benefits through the Food Distribution Program on Indian Reservations (FDPIR), which is a federal program that provides commodity foods to low-income households, including the elderly, living on Indian reservations, and to Native American families residing in designated areas near reservations and in the State of Oklahoma.