

The Supplemental Nutrition Assistance Program (SNAP) is the nation's most important anti-hunger program.

Whom Does SNAP Reach?

In Fiscal Year 2017, it reached:

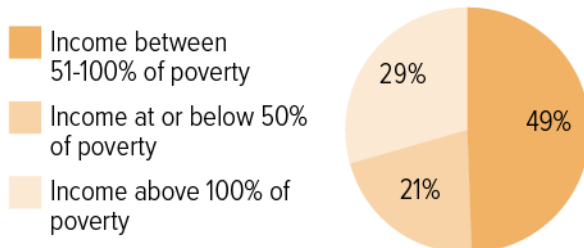
- **92,000** New Hampshire residents, or **7%** of the state population (**1 in 14**)
- **42,000,000** participants in the United States, or **13%** of the total population (**1 in 8**)

NEW HAMPSHIRE	more than 69% of SNAP participants are in families with children	almost 42% are in families with members who are elderly or have disabilities	more than 44% are in working families
NATIONALLY	more than 68% of SNAP participants are in families with children	more than 31% are in families with members who are elderly or have disabilities	more than 44% are in working families

Source: CBPP analysis of data from USDA Food and Nutrition Service, FY 2016

Most SNAP Participants in New Hampshire Are Poor

Share of participants by household income, FY 2016



Source: CBPP analysis of FY 2016 USDA SNAP Household Characteristics data

Many New Hampshire households struggle to put food on the table. The most recent data show:

- **9.6%** of households were “food insecure,” or struggled to afford a nutritionally adequate diet.
- Median income was **1.7% below** the 2007 level, after adjusting for inflation.
- **7.3%** of the population lived below the poverty line.
- **7.4%** of children lived below the poverty line.
- **4.6%** of elderly lived below the poverty line.

SNAP reaches needy populations: 75% of eligible individuals participated in SNAP in New Hampshire in 2015, and **65%** of eligible workers participated.

SNAP kept **16,000** people out of poverty in New Hampshire, including **7,000** children, per year between 2009 and 2012, on average. (These figures adjust for households' underreporting of benefits.)

What Benefits Do SNAP Recipients Receive?

SNAP targets benefits according to need. Very poor households receive more SNAP benefits than households closer to the poverty line since they need more help affording an adequate diet. SNAP recipients in [New Hampshire](#) received **\$113 million** in benefits in 2017.



Average monthly SNAP benefit for each household member:

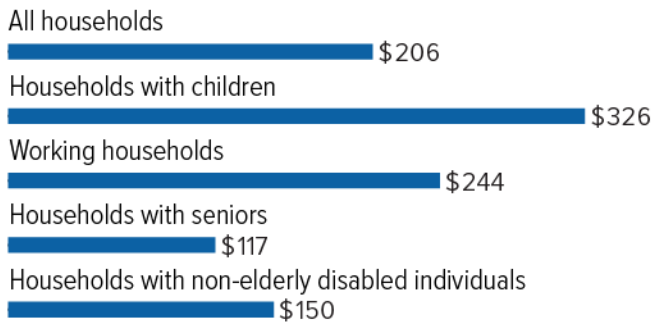
Fiscal Year 2017

\$101

Average SNAP benefit per person per meal:

\$1.11

Average Monthly SNAP Benefit By Demographic Group, FY 2016, New Hampshire



Source: U.S. Department of Agriculture, Office of Research and Analysis, "Characteristics of Supplemental Nutrition Assistance Program Households: Fiscal Year 2016"

How Does SNAP Benefit the Economy?

Moody's Analytics estimates that in a weak economy, \$1 in SNAP benefits generates **\$1.70** in economic activity. Households receive SNAP benefits on electronic benefit transfer (EBT) cards, which can be used only to purchase food at one of the **263,100** authorized retail locations around the country, including **1,100** in New Hampshire.



For more information on SNAP, including New Hampshire-specific information, please see:

Center on Budget and Policy Priorities Chart Book: <http://www.cbpp.org/research/food-assistance/chart-book-snap-helps-struggling-families-put-food-on-the-table>

USDA SNAP data: <http://www.fns.usda.gov/pd/supplemental-nutrition-assistance-program-snap>

New Hampshire SNAP program: <http://www.dhhs.nh.gov/dfa/foodstamps/index.htm>