The Supplemental Nutrition Assistance Program (SNAP) is the nation’s most important anti-hunger program.

**Whom Does SNAP Reach?**

In Fiscal Year 2017, it reached:

- **459,000** Colorado residents, or **8%** of the state population (**1 in 12**)
- **42,000,000** participants in the United States, or **13%** of the total population (**1 in 8**)

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<td>more than 72% of SNAP participants are in families with children</td>
<td>almost 27% are in families with members who are elderly or have disabilities</td>
<td>more than 48% are in working families</td>
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<td>NATIONALLY</td>
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<tr>
<td>more than 68% of SNAP participants are in families with children</td>
<td>more than 31% are in families with members who are elderly or have disabilities</td>
<td>more than 44% are in working families</td>
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Source: CBPP analysis of data from USDA Food and Nutrition Service, FY 2016

Many Colorado households struggle to put food on the table. The most recent data show:

- **10.3%** of households were “food insecure,” or struggled to afford a nutritionally adequate diet.
- **11%** of the population lived below the poverty line.
- **13.1%** of children lived below the poverty line.
- **7.6%** of elderly lived below the poverty line.

**SNAP reaches needy populations:** 76% of eligible individuals participated in SNAP in Colorado in 2015, and 63% of eligible workers participated.

SNAP kept **117,000** people out of poverty in Colorado, including **55,000** children, per year between 2009 and 2012, on average. (These figures adjust for households’ underreporting of benefits.)
What Benefits Do SNAP Recipients Receive?

SNAP targets benefits according to need. Very poor households receive more SNAP benefits than households closer to the poverty line since they need more help affording an adequate diet. SNAP recipients in Colorado received $702 million in benefits in 2017.

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<th>Fiscal Year 2017</th>
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<td>Average monthly SNAP benefit for each household member</td>
<td>$127</td>
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<td>Average SNAP benefit per person per meal</td>
<td>$1.39</td>
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Average Monthly SNAP Benefit By Demographic Group, FY 2016, Colorado

- All households: $266
- Households with children: $408
- Working households: $332
- Households with seniors: $124
- Households with non-elderly disabled individuals: $188


How Does SNAP Benefit the Economy?

Moody’s Analytics estimates that in a weak economy, $1 in SNAP benefits generates $1.70 in economic activity. Households receive SNAP benefits on electronic benefit transfer (EBT) cards, which can be used only to purchase food at one of the 263,100 authorized retail locations around the country, including 2,900 in Colorado.

For more information on SNAP, including Colorado-specific information, please see:

- Colorado SNAP program: [https://www.colorado.gov/pacific/cdhs/supplemental-nutrition-assistance-program-snap](https://www.colorado.gov/pacific/cdhs/supplemental-nutrition-assistance-program-snap)
- Advocates: Hunger Free Colorado, [www.hungerfreecolorado.org](http://www.hungerfreecolorado.org)

Note: In addition to SNAP, in FY 2017, based on preliminary data, an average of about 400 individuals in Colorado received benefits through the Food Distribution Program on Indian Reservations (FDPIR), which is a federal program that provides commodity foods to low-income households, including the elderly, living on Indian reservations, and to Native American families residing in designated areas near reservations and in the State of Oklahoma.