

# Supplemental Security Income

Created in 1972, the federal Supplemental Security Income (SSI) program provides monthly cash assistance to disabled or older people who have little income and few assets. Like the Old-Age, Survivors, and Disability Insurance (OASDI) program, commonly known as Social Security, SSI is administered by the Social Security Administration (SSA). In December 2022, 7.5 million people collected SSI benefits.

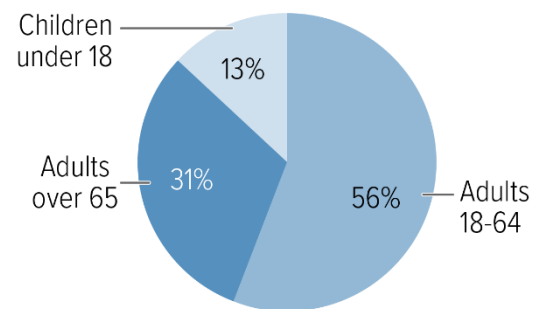
## Who Qualifies for SSI and What Benefits Do They Receive?

The vast majority of SSI beneficiaries — 85 percent — are eligible due to a severe disability (including blindness). In December 2022, roughly 1 million beneficiaries were children. Since SSI is available only to those who are disabled or over age 65 and have very low incomes and assets, more disabled children become eligible for SSI when poverty rates rise.

SSI beneficiaries may have no more than \$2,000 in assets for individuals and \$3,000 for couples, with certain exceptions. Because beneficiaries typically have no other source of income, more than half receive the basic monthly SSI benefit, which in 2023 is \$914 for an individual and \$1,371 for a couple.

SSA reduces these benefit amounts for beneficiaries who have other sources of income or live in a Medicaid facility or with someone who provides support. For example, while SSA exempts (or “disregards”) the first \$20 per month of unearned income when determining a person’s SSI eligibility and benefit levels, any income above that amount from sources such as Social Security benefits, pensions, interest, and child support is subtracted from SSI benefits. Similarly, SSA disregards the first \$65 per month of earnings, but each dollar of earnings above that level typically reduces SSI benefits by 50 cents. Such reductions lowered the average SSI monthly benefit to \$621 in December 2022.

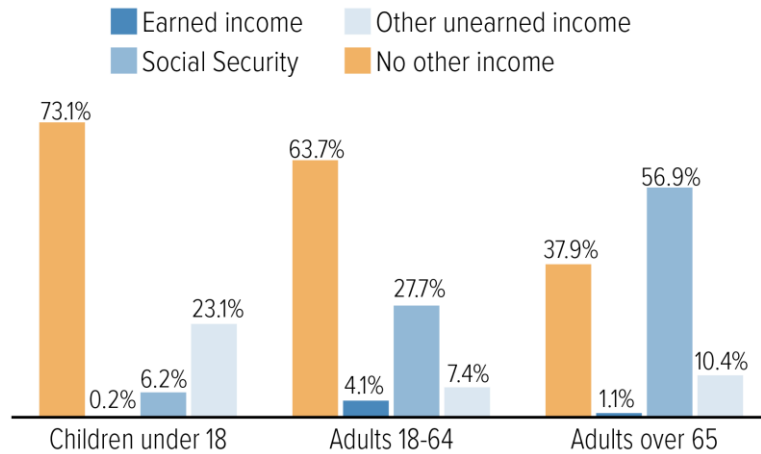
### Supplemental Security Income Beneficiaries by Age



Source: Social Security Administration, SSI Monthly Statistics, December 2022, Table 1

## More Than Half of Supplemental Security Income Beneficiaries Have No Other Source of Income

Percent of SSI beneficiaries receiving other sources of income, by age, December 2021



Note: Totals do not add to 100 percent because beneficiaries may fall into multiple categories.  
Source: Social Security Administration, SSI Annual Statistical Report, 2021, Table 8

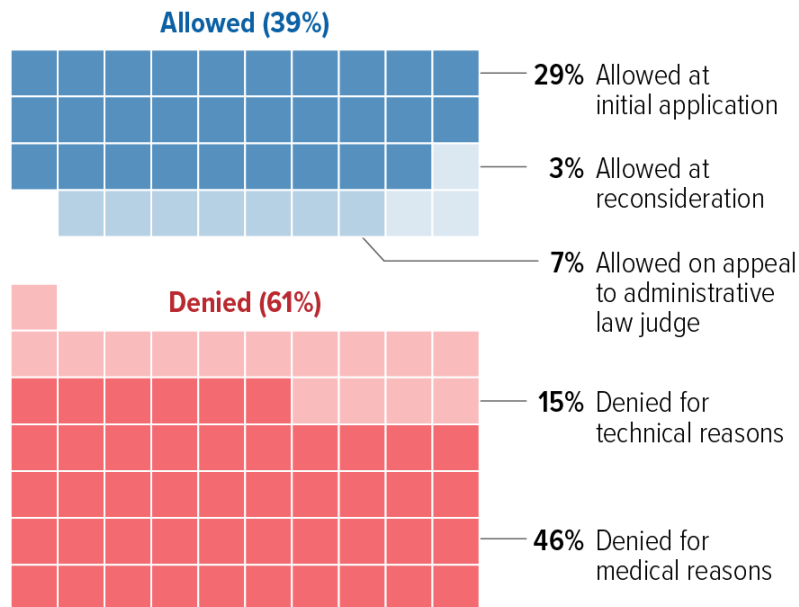
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Eligibility criteria for SSI are strict. All applicants must meet SSI's stringent financial criteria, and applicants for disability benefits must also meet the same rigorous medical criteria used for Social Security Disability Insurance. Most applications for SSI disability benefits are rejected. SSA denies applicants who are technically disqualified (mainly because they have income or assets above the limits for eligibility) and sends the rest to state disability determination services for medical evaluation. About 40 percent of applicants were found eligible for SSI in 2018-2020.

Among the U.S. Territories, only residents of the Northern Mariana Islands receive SSI benefits. Guam, Puerto Rico, and the Virgin Islands receive a federal block grant called Aid to the Aged, Blind, and Disabled (AABD), which provides far lower benefits and has stricter eligibility criteria. American Samoa has neither SSI nor AABD.

## Supplemental Security Income Disability Applications: 4 in 10 Ultimately Allowed

Percent of SSI disability applications



Note: Pending appeals split evenly between “medical denials” and “allowed on repeal” based on analysis of recent trends. Applications allowed then subsequently denied for non-medical reasons are classified as technical denials. Supplemental Security Income’s (SSI) disability program is distinct from Social Security Disability Insurance, which has a similarly strict application process.

Source: CBPP analysis of Social Security Administration data, 2018-2020

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In most states, SSI beneficiaries are automatically eligible for Medicaid, which provides essential long-term services and supports. Medicaid supports home- and community-based services, such as personal and attendant care services that help people with disabilities live in their homes and communities. Medicaid also covers wheelchairs, lifts, and supportive housing services. This care is typically unavailable through private insurance and is too costly for all but the wealthiest people to fund out of pocket. In 2016, 52 percent of SSI beneficiaries also received Supplemental Nutrition Assistance Program assistance (formerly food stamps), and roughly one-quarter received housing assistance. Finally, many states supplement the federal SSI benefit, though some have cut those additional payments over the years.

## How Has SSI Changed Over Time?

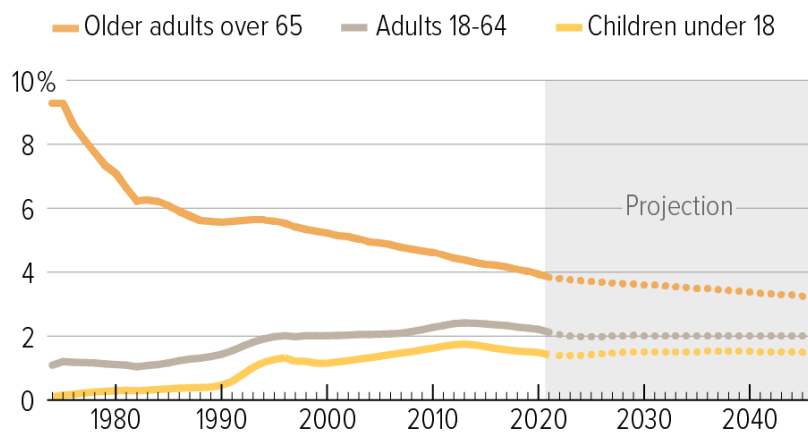
Since SSI benefits were first distributed in 1974, the share of older people receiving benefits has fallen steadily, mostly because fewer people in this group qualify under SSI’s increasingly stringent income limits. The share of children and adults with disabilities receiving SSI has grown, partly due to policy changes in

## Policy Basics – Supplemental Security Income

1984 that expanded eligibility based on mental health conditions and a 1990 Supreme Court ruling that expanded the SSI disability criteria for children. A statutory change in 1996 restricted eligibility for children and immigrants. The share of people in the U.S. receiving SSI has remained steady at around 2.15 percent over the past decade and is projected to fall slightly over the long term. The share of people from specific age groups receiving SSI is expected to stay steady or (in the case of older people) to continue declining.

### Share of People Receiving Supplemental Security Income Leveling Off Across Age Groups

Percent of each age group receiving SSI



Source: CBPP analysis of the Annual Report of the Supplemental Security Income Program, 2022, Tables IV.B7 and IV.A1

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## How Is SSI Funded?

Unlike Social Security, which is financed by dedicated payroll taxes, SSI is funded from general revenues. SSI expenditures, at \$60 billion in fiscal year 2021, were 0.27 percent of gross domestic product that year. More than \$9 of every \$10 pays for benefits; the rest covers administrative costs. SSI's administrative costs are substantially higher than those for Social Security because of its complex rules.

## How Effective Is SSI?

Before any state supplement, and without income deductions, SSI benefits are about three-fourths of the poverty line for a single person. Thus, while SSI alone is not enough to lift someone living independently above the poverty line, it reduces hardship and lessens the need for support from family members. But, in 2016, roughly half of all beneficiaries had incomes below the federal poverty line even with their SSI benefits.

## Policy Basics – Supplemental Security Income

Many other older adults or disabled people in need, including people with a lawful immigration status affected by the 1996 eligibility restrictions, don't get benefits.

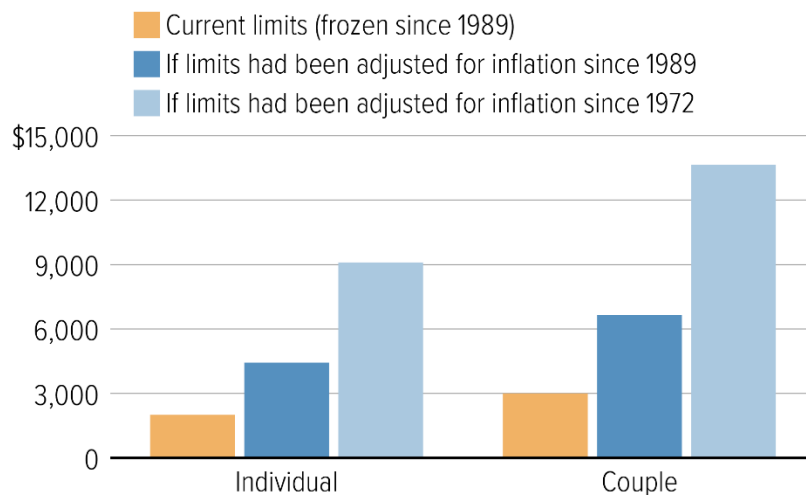
### Ways to Improve SSI

Congress can strengthen SSI by updating the asset limits and income disregards and indexing them to inflation. The asset limits have been frozen since 1989, and the income disregards have remained the same since SSI's launch in 1974, preventing many older adults and disabled people in need from qualifying.

Congress can also improve SSI by increasing the basic SSI benefit, partially exempting retirement savings from the asset limits, and easing eligibility restrictions for people with a lawful immigration status.

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### Supplemental Security Income's Asset Limits Are Outdated



Source: CBPP calculations from Social Security Administration and Office of Management and Budget data

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For more information on SSI, see:

[SSI: A Lifeline for Children with Disabilities](#)

[SSA Needs Large Funding Boosts Following Pandemic, Years of Underinvestment](#)