A CONSTITUTIONAL BALANCED BUDGET AMENDMENT
THREATENS GREAT ECONOMIC DAMAGE
Raises Host of Problems for Social Security
And Other Key Federal Functions
by Robert Greenstein and Richard Kogan

A balanced budget amendment to the U.S. Constitution — including the version that the House is
expected to consider this week — would be a highly ill-advised way to address the nation’s long-
term fiscal problems. It would threaten significant economic harm while raising a host of problems
for the operation of Social Security and other vital federal functions.

The economic problems are the most serious, and they would pertain to any version of a
constitutional balanced budget amendment. By requiring a balanced budget every year, no matter
the state of the economy, such an amendment would raise serious risks of tipping weak economies
into recession and making recessions longer and deeper, causing very large job losses. That’s
because the amendment would force policymakers to cut spending, raise taxes, or both just when
the economy is weak or already in recession — the exact opposite of what good economic policy
would advise.

When the economy slows, federal revenues decline or grow more slowly and spending on
unemployment insurance and other social programs increases, causing deficits to rise. Rather than
allowing the “automatic stabilizers” of lower tax collections and higher unemployment and other
benefits to cushion a weak economy, the amendment would force policymakers to cut spending,
raise taxes, or both. That would launch a vicious spiral of bad economic and fiscal policy: a weak
economy would lead to higher deficits, which would force policymakers to cut spending or raise
taxes more, which would weaken the economy further.

The fact that states must balance their budgets every year — no matter how the economy is
performing — makes it even more important that the federal government not also face this
requirement and thus further impair a faltering economy. And, while the amendment would allow
Congress to waive the balanced budget requirement with a three-fifths vote of the House and
Senate, that hardly solves the problem. Recent experience shows the difficulty of securing a three-
fifths vote in both chambers for almost any major legislation.
Beyond the economy, the balanced budget amendment would raise other problems. That’s due to its requirement that federal spending in any year must be offset by revenues collected in that same year. Social Security could not draw down its reserves from previous years to pay benefits in a later year but, instead, could be forced to cut benefits even if it had ample balances in its trust funds, as it does today. The same would be true for military retirement and civil service retirement programs. Nor could the Federal Deposit Insurance Corporation or the Pension Benefit Guaranty Corporation respond quickly to bank or pension fund failures by using their assets to pay deposit or pension insurance, unless they could do so without causing the budget to slip out of balance.

The amendment’s proponents often argue that, because states and families must balance their budgets each year, the federal government also should do so. But this analogy is a false one. While states must balance their operating budgets, they can — and do — borrow for capital projects. Families often borrow, as well, such as when they take out mortgages to buy a home or loans to send a child to college. The proposed constitutional amendment would bar the federal government from making worthy investments in the same way.

The problems with a constitutional balanced budget amendment grow even more serious under its more radical versions, such as the version coming to the House floor this week.

That version would require two-thirds supermajorities in both the House and Senate to raise any taxes. That requirement would not only prove an extremely steep hurdle to raising any tax rates, including modest increases in payroll tax rates as part of larger packages to shore up Social Security and Medicare for the long term, but also would serve to protect the more than $1 trillion a year in “tax expenditures” — subsidies provided to individuals and corporations through the tax code. Tax expenditures predominantly help well-to-do Americans, who tend to get most of their federal subsidies through the tax code, as opposed to low- and moderate-income Americans, who get most of theirs on the spending side of the budget.

In addition, the version of the amendment the House will consider this week would cap annual federal spending at 18 percent of the Gross Domestic Product. Such a cap would force program cuts far more draconian than even the severe cuts in the Ryan budget that the House of Representatives passed in April. Federal spending under the Ryan budget would be between 20 percent and 21 percent of GDP over most of the next two decades and would not fall to as low as 18 percent of GDP until after 2040, according to the Congressional Budget Office.

**Potential for Serious Economic Harm**

The nation faces serious long-term fiscal problems, but a balanced budget amendment to the U.S. Constitution is an ill-advised way to address them. It would require a balanced budget every year regardless of the state of the economy, unless a supermajority of both houses overrode that requirement. This is an unwise stricture that many mainstream economists have long counseled against because it would require the largest budget cuts or tax increases precisely when the economy is weakest. It holds substantial risk of tipping faltering economies into recessions, making recessions longer and deeper, and precipitating very large additional job losses.
When the economy weakens, revenue growth drops and revenues may even contract. And as unemployment rises, expenditures for programs like unemployment insurance (UI) — and to a lesser but significant degree, food stamps and Medicaid — increase. These revenue declines and expenditure increases are temporary; they largely or entirely disappear as the economy recovers. But they are critical for helping struggling economies avoid falling into recessions and for moderating the depth and length of recessions that do occur.

During economic downturns, consumers and businesses spend less, which in turn causes further job loss. The drop in tax collections and increases in UI and other benefits that occur automatically cushion the blow, by keeping purchases of goods and services from falling more. That is why economists use the term “automatic stabilizers” to describe the automatic declines in revenues and automatic increases in UI and other benefits that help to stabilize the economy when it turns down.

A constitutional balanced budget amendment, however, effectively suspends the automatic stabilizers. It requires that federal spending be cut or taxes increased to offset the automatic stabilizers and prevent a deficit from occurring — the opposite course from sound economic policy.

Over the years, leading economists have warned of the adverse effects of a constitutional balanced budget amendment. For example, in congressional testimony in 1992, Robert Reischauer — then director of the Congressional Budget Office and one of the nation’s most respected experts on fiscal policy — explained: “[I]f it worked [a constitutional balanced budget amendment] would undermine the stabilizing role of the federal government.” Reischauer noted that the automatic stabilizing that occurs when the economy is weak “temporarily lowers revenues and increases spending on unemployment insurance and welfare programs. This automatic stabilizing occurs quickly and is self-limiting — it goes away as the economy revives — but it temporarily increases the deficit. It is an important factor that dampens the amplitude of our economic cycles.” Under the constitutional amendment, he explained, these stabilizers would no longer operate automatically.¹

Similarly, when Congress was considering a constitutional balanced budget amendment in 1997, more than 1,000 economists, including 11 Nobel laureates, issued a joint statement that said, “We condemn the proposed ‘balanced-budget’ amendment to the federal Constitution. It is unsound and unnecessary. . . . The proposed amendment mandates perverse actions in the face of recessions. In economic downturns, tax revenues fall and some outlays, such as unemployment benefits, rise. These so-called ‘built-in stabilizers’ limit declines of after-tax income and purchasing power. To keep the budget balanced every year would aggravate recessions.”² One week ago, five winners of the Nobel Prize for Economics issued a statement opposing a constitutional balanced budget amendment for this reason.³

At a Senate Budget Committee hearing in January 2011, CBO director Douglas Elmendorf sounded a similar warning when asked about a constitutional balanced budget amendment:

¹ Statement of Robert D. Reischauer before the House Budget Committee, May 6, 1992.
² This statement was issued on January, 30, 1997.
Amending the Constitution to require this sort of balance raises risks. . . . The fact that taxes fall when the economy weakens and spending and benefit programs increase when the economy weakens, in an automatic way, under existing law, is an important stabilizing force for the aggregate economy. The fact that state governments need to work . . . against these effects in their own budgets — need to take action to raise taxes or cut spending in recessions — undoes the automatic stabilizers, essentially, at the state level. Taking those away at the federal level risks making the economy less stable, risks exacerbating the swings in business cycles.  

The amendment’s proponents likely will respond to these admonitions by noting that the proposed amendment would allow a vote of three-fifths of the House and the Senate to waive the balanced budget requirement. However, as the paralysis that often marks the Senate’s work indicates, it is difficult to secure three-fifths votes for any major legislation. Moreover, some of the

---

4 Federal Service, Transcript of Senate Budget Committee hearing, January 27, 2011.
hard data on the economy come with a lag of several months, and it could well take many months after the economy has begun to weaken before sufficient data are available to convince three-fifths of both houses of Congress that economic conditions warrant waiving the balanced budget requirement, if three-fifths were willing to waive the requirement at all. Furthermore, it is all too likely that even after the evidence for a downturn is clear, a minority in the House or Senate would hold a waiver vote hostage to demands for concessions on other matters (such as new, permanent tax cuts). By the time a recession is recognized and three-fifths votes are secured in both chambers, extensive economic damage could have occurred and hundreds of thousands, or even millions, of additional jobs unnecessarily lost.

The fact that states must balance their operating budgets even in recessions — which causes the economy to contract further — makes it even more important that the federal government not be subject to the same stricture. As American Enterprise Institute analyst Norman Ornstein wrote in a recent article:

> Few ideas are more seductive on the surface and more destructive in reality than a balanced budget amendment. Here is why: Nearly all our states have balanced budget requirements. That means when the economy slows, states are forced to raise taxes or slash spending at just the wrong time, providing a fiscal drag when what is needed is countercyclical policy to stimulate the economy. In fact, the fiscal drag from the states in 2009-2010 was barely countered by the federal stimulus plan. That meant the federal stimulus provided was nowhere near what was needed but far better than doing nothing. Now imagine that scenario with a federal drag instead.\(^5\)

The bottom line is this: the automatic stabilizers need to continue to protect U.S. businesses and workers. A balanced budget amendment would preclude them from doing so.

The amendment would also make it even more difficult to raise the debt limit, by requiring a three-fifths vote of both the House and Senate for that as well. It would be foolhardy to make needed increases in the debt limit harder to enact than they already are. Only two of the last ten debt limit increases obtained three-fifths vote in both chambers — and those two instances both occurred amidst the financial crisis in 2008 when the debt limit increases were included in larger legislation to respond to the meltdowns already occurring in the housing and financial markets. A three-fifth requirement would be dangerous, as it would heighten the risk of an unprecedented federal default, which could raise interest rates and damage the U.S. economy for decades to come.

A Host of Other Problems

The constitutional balanced budget amendment also could interfere with Social Security and the military and civil service retirement systems. In addition, it could weaken the stability of banks, thrift institutions, and some private pension systems. These risks are the result of the amendment’s rigid requirement that federal spending in any year must be fully offset by revenues collected in the same year.

---

That requirement is far more rigid than any that families or businesses face. Families often use savings accumulated from prior years to pay for some current purchases; for example, they use savings to help pay for children’s college education or to buy a car, even though they may “run a deficit” in the sense that they spend more in that year than they earn in the same year.6

Effects on Social Security and Military and Civil Retirement

Consider how this requirement would affect Social Security. By design, the Social Security trust fund is building up reserves — in the form of Treasury securities backed by the full faith and credit of the United States — which will be drawn down to help pay benefits when the number of retired “baby boomers” peaks in the late 2020s and early 2030s. Currently, Social Security holds $2.6 trillion in Treasury securities, and the Social Security Trustees project that this figure will grow to $3.7 trillion by 2023. But under the balanced budget amendment, it would essentially be unconstitutional for Social Security to draw down these savings to pay promised benefits. Instead, benefits could have to be cut, because all spending would have to be covered by tax revenues collected during that same year. More precisely, Social Security would be allowed to use its Treasury securities to help pay benefits only if the rest of the federal budget ran an offsetting surplus (or if the House and Senate each mustered three-fifths votes to permit deficit spending).

The military retirement and civil service retirement systems, which have their own trust funds, would be affected in the same way. Because all expenditures would have to be covered by taxes collected in the same year — and the use of accumulated savings thus would be unconstitutional — these trust funds would not be able to draw down their accumulated balances unless the rest of the budget ran offsetting surpluses.

Effects on the Banking System

The potential effects on the banking system also are cause for concern. The Federal Deposit Insurance Corporation (FDIC) holds substantial reserves, in the form of Treasury securities, to insure the savings of depositors. These reserves are called upon when banks fail. Similarly, the Pension Benefit Guarantee Corporation (PBGC) has assets to draw upon if a corporation’s defined-benefit pension plan goes bankrupt.

Here, too, the balanced budget amendment would make it unconstitutional for the FDIC and the PBGC to use their assets to pay deposit or pension insurance since doing so generally would constitute “deficit spending.” Such payments could be made only if the rest of the budget ran an offsetting surplus that year (or if Congress achieved the necessary three-fifth supermajorities to override the balanced budget requirement).

In general, a constitutional requirement that all spending during a given year be covered by tax revenues collected in the same year would undercut all U.S. government insurance and loan guarantees. Those range from the “full faith” backing by the U.S. government to pay interest on Treasury securities to deposit insurance, pension insurance, FHA loans, small business loans, flood insurance, and the nuclear power industry’s liability insurance under the Price-Anderson Act.

---

6 Most families also borrow — or “run a deficit” — if their savings are not sufficient to cover their current costs, as occurs when they take out mortgages, student loans, or loans to finance an automobile purchase. The balanced budget amendment would prohibit the federal government from either borrowing or using accumulated assets.
Henceforth, the U.S. government would only be able to fulfill its legal commitments if their cost did not cause a deficit, or if both houses of Congress voted by a three-fifths supermajority to waive the balanced budget requirement.

The entire purpose of deposit insurance and other U.S. financial commitments is to guarantee financing in case of calamity. How reliable is the “guarantee” if the balanced budget requirement places it at risk or forces it to be withdrawn just when it is needed most?

If banks, thrift institutions, pension funds, small businesses, and mortgagers started to fail during a recession or a financial crisis, the large costs of paying federal insurance and guarantee claims probably could not be met within the confines of the balanced budget amendment. And if deposit insurance were no longer effective, panicked depositors could make runs on banks, causing a chain reaction that could turn a recession into a depression. That is what happened from 1929 to 1933. Indeed, federal deposit insurance was enacted in 1933 — after a four-year run by depositors on their banks — to halt that collapse. 7

Mistaken Analogies to States and Families

Proponents of a constitutional amendment sometimes argue that states and families must balance their budgets every year, and the federal government should do so, too. But statements that the constitutional amendment would align federal budgeting practices with those of states and families are not accurate.

While states must balance their operating budgets, they can borrow to finance their capital budgets — to finance roads, schools, and other projects. Most states do so. States also can build reserves during good times and draw on them in bad times without counting the drawdown as new spending that unbalances a budget.

Families follow similar practices. They borrow — they take out mortgages to buy a home or student loans to send a child to college. They also draw down savings when times are tight to cover expenses that exceed their current incomes.

But the proposed constitutional amendment would bar such practices at the federal level. The total federal budget — including capital investments — would have to be balanced every year; no borrowing to finance infrastructure or other investments to boost future economic growth would be

---

7 Even when the budget is balanced, the Treasury’s ability to borrow can play an important role in protecting the U.S. financial system. For example, when a collapse of the U.S. financial system threatened in the fall of 2008, one important action taken to avert that collapse occurred when the Treasury, on its own initiative, borrowed an additional $300 billion in September of that year and deposited the funds in the Federal Reserve. Although that action did not constitute “spending” and thus would not unbalance a budget otherwise in balance, it did constitute borrowing and hence would breach the debt limit, unless the debt limit happened to be far enough above the actual level of debt. The $300 billion that was deposited in the Federal Reserve in September 2008 enhanced the Fed’s ability to promise liquidity to a panicky financial system and to mitigate the meltdown that had begun to occur. The constitutional balanced budget amendment, however, would have made it more difficult for the Treasury to take such action, because the amendment would bar any increases in the Treasury’s borrowing limit, except when first authorized by three-fifths votes of the House and the Senate.
Questions Abound About Who Would Enforce the Balanced Budget Requirement — And How They Would Do It

Supporters of the balanced budget amendment tend to sidestep questions about how the constitutional mandate would be enforced. But there are serious questions about this and no clear answers. For example:

- Suppose the budget is out of balance. What happens? Would the President have the unilateral power to impose balance? Suppose, for example, that a reconciliation bill designed to balance the budget is defeated at the end of the congressional session. Can the President unilaterally declare that it is law nonetheless? Can he instead make across-the-board cuts in all spending, including Social Security, Medicare, and defense, without congressional action? Can he select which programs to cut unilaterally? Can he impose across-the-board, or selected, increases in tax rates? How about across-the-board or selected reductions in tax expenditures?

- What about the Supreme Court? If the budget is not balanced, can the Court declare a defeated reconciliation bill to be law? Can it override a presidential veto of a reconciliation bill? If it cannot enact a defeated or vetoed law, can it declare that a bill allowing a deficit as having been enacted if it received a majority vote but not a three-fifths vote? Alternatively, can it invalidate appropriation bills, in reverse chronological order? If that seems arbitrary and unworkable, can it order across-the-board cuts in all appropriations, or entitlement programs, or tax expenditures? Can it impose across-the-board surtaxes? Can it hold Congress or the President in contempt and possibly jail them if they ultimately do not act?

- If federal courts award claims or judgments against the United States, as they often do, but the costs would unbalance the budget and require an increase in the debt limit, what action would the courts take?

allowed. And if the federal government ran a surplus one year, it could not draw it down the next year to help balance the budget.

Tax and Spending Limitations in House Version Magnify the Problems And Highlight the Extremist Nature of the Proposal

The foregoing concerns apply to all versions of the balanced budget amendment that have been introduced. Some versions — such as the modified version of H.J. Res 1 that the full House will consider this week — raise further serious concerns. That version of the amendment would write into the Constitution new barriers against raising any revenues — including closing wasteful tax loopholes — to help balance the budget. It also would prohibit federal expenditures in any year from exceeding 18 percent of the Gross Domestic Product (GDP). These constitutional prohibitions could be overridden only by supermajority votes in both the House and the Senate — two-thirds in each chamber to allow federal expenditures to exceed 18 percent of the GDP in any year or to raise any tax revenue.

8 H.J. Res 1, as introduced, would impose a constitutional spending cap of 20 percent of GDP. The Judiciary Committee approved an amendment on June 2 lowering this to 18 percent of GDP. Similarly, H.J. Res 1, as introduced, would require a three-fifths vote in the House and the Senate to raise any tax revenue, but the Committee approved an
Requiring a Supermajority to Raise Taxes

The requirement for a supermajority to raise taxes would be extremely unsound. It would protect what President Reagan’s former chief economic advisor, Harvard economist Martin Feldstein, has called the biggest area of wasteful government spending in the federal budget — what economists call “tax expenditures” and former Federal Reserve Chairman Alan Greenspan has called “tax entitlements.”

In 2010, tax expenditures totaled $1.1 trillion, more than the cost of Medicare and Medicaid combined (which was $719 billion), Social Security ($701 billion), defense ($689 billion, including expenditures in Iraq and Afghanistan), or non-defense discretionary spending ($658 billion, including expenditures from the 2009 Recovery Act). Many of these tax expenditures are the equivalent of government spending. Child care is a good example.

If a parent has low or moderate income, she may be able to get a federal subsidy through a spending program to help cover her child care costs. If a parent is higher on the income scale, she still receives a government subsidy that reduces her child care costs, but it is a tax credit. (Moreover, many low- or moderate-income parents with child care costs are denied the subsidy for which they qualify, because the spending programs that provide child care subsidies are not open ended and only serve as many people as their funding allows. By contrast, for higher-income households — for whom there is no ceiling on income — the federal child care subsidy is guaranteed, because the tax subsidy operates as an open-ended entitlement.) It is difficult to justify making the tax-code subsidy sacrosanct and the program subsidy a deficit-reduction target merely because one is delivered through a “spending” program and the other is delivered through the tax code.

Moreover, as the child care example illustrates, sharply distinguishing between subsidies delivered through the tax code and those delivered through programs also has a “reverse Robin Hood” aspect. Low- and moderate-income households receive most of their government assistance through spending programs; affluent households receive most of their federal subsidies through tax expenditures. Effectively barring reductions in tax expenditures from contributing to deficit reduction is a prescription for placing the greatest burden of deficit reduction on those who can least afford it while protecting those who least need it.

The problems do not stop there. A requirement for a supermajority to raise revenue also likely will lead to a proliferation of tax loopholes. New loopholes and tax avoidance strategies that Congress did not intend, but that high-priced tax lawyers and accountants have found ways to open up and exploit, could become untouchable. Once such loopholes and tax avoidance strategies appeared, they could be eliminated only by a two-thirds supermajority of both the House and Senate. To protect the loopholes, special interest lobbyists would need only to prevent a two-thirds supermajority in one chamber.

amendment on June 3 raising this threshold to a two-thirds vote. These Judiciary Committee changes are retained in the version of the amendment coming to the House floor.
A Constitutional Spending Cap

The version of the balanced budget amendment that the House will consider would also bar federal spending from exceeding 18 percent of GDP in any year. To hit that level would require draconian cuts. The House-passed budget plan of House Budget Committee Chairman Paul Ryan shows how severe those cuts would be.

Under the Ryan budget, Medicare would be converted to a voucher system under which, the Congressional Budget Office has said, beneficiaries’ out-of-pocket health-care costs would nearly triple by 2030 (relative to what those costs would be that year under the current Medicare program). CBO also has said that under the Ryan budget, federal Medicaid funding in 2030 would be 49 percent lower than it would be if health reform’s Medicaid expansion were repealed but the program were otherwise unchanged. And funding for non-security discretionary programs would be cut more than one-third below its real 2010 level. Yet CBO says that under this budget, total federal spending would be 20¼ percent of GDP in 2022 and 20¾ percent of GDP in 2030. Consequently, the Ryan budget would breach the allowable limit under the constitutional amendment that the House will consider. Far deeper cuts would be needed.

Another way to look at an 18 percent of GDP limit — or alternative proposals that would cap federal spending at 20 percent or 20.6 percent of GDP — is to examine federal spending under President Ronald Reagan. Under Reagan, who secured deep domestic budget cuts at the start of his tenure, federal expenditures averaged 22 percent of GDP. Moreover, that spending level occurred at a time when no members of the baby boom generation had yet retired. It also occurred at a time when total health-care spending in the United States (including the private sector) was one-third lower as a share of GDP than it is today. This also was before policymakers created a new category of homeland security spending in response to the September 11 terrorist attacks. And it predated the wars in Iraq and Afghanistan, which have led to increases in veterans’ health-care costs that will endure for decades.

Conclusion

Policymakers need to begin to change our fiscal trajectory. As various recent commissions have indicated, we need to stabilize the debt as a share of GDP in the coming decade, and to keep it stable after that (allowing for some fluctuation over the business cycle). But establishing a balanced budget amendment in the Constitution would be exceedingly unwise. It would likely exact a heavy toll on the economy and on American businesses and workers in the years ahead. It is not the course the nation should follow.