

The State of Maine's Marketplace: Making Sense of Individual Market Rate Filings



Since the Affordable Care Act (ACA) was enacted in 2010, Maine's uninsured rate has [dropped](#) from 10.1 to 8.4 percent, a 17 percent reduction that translates into 22,000 Mainers gaining coverage. Those gains are due in large part to the ACA's individual market reforms, which prevent discrimination against Mainers with pre-existing health conditions, provide [68,000 Mainers](#) with tax credits that help pay for coverage, and allow all Mainers to shop and compare plans in a transparent marketplace.

Insurers in Maine and across the country are in the process of submitting individual market plan offerings and premiums for 2018 to state and federal regulators. These rate filings will contribute to the ongoing debate about health insurance affordability and the state of Maine's marketplace. Here are a few key points to keep in mind.

Maine's Marketplace Was Poised for Greater Stability and Success

Nationwide, it's increasingly clear that the Trump Administration inherited a marketplace that was poised for greater price stability and growing insurer competition going forward. For example, the [Kaiser Family Foundation](#) found that individual market insurers substantially narrowed the gap between premiums and costs in 2016, meaning that premium increases already in place for 2017 should put them on track to break even or earn a profit this year. Consistent with that, the Chief Financial Officer of Anthem, one of Maine's major insurers, [noted](#) on a recent earnings call, "I just want to be clear that the individual [market] business [nationwide] is doing markedly better than it did last year."

For consumers, these improvements should translate into lower premium increases and more insurer competition. An [Oliver Wyman survey](#) of marketplace insurers found that nearly all planned to continue their marketplace offerings in 2018, with some planning to expand participation. And a Standard & Poor's [analysis](#) concluded, "if it remains business as usual, we expect 2018 premiums to increase at a far lower clip than in 2017."

Trump Administration Sabotage Has Set Back Maine's Progress

Unfortunately, the Trump Administration has already acted to sabotage marketplace progress, in Maine and around the country, by:

- [Threatening to withhold billions of dollars owed to insurers.](#) Under the ACA, insurers are required to offer plans with lower deductibles and copays ("cost-sharing reductions," or CSRs) to lower-income consumers; the federal government then reimburses them for the roughly \$10 billion annual cost. The Trump Administration has repeatedly threatened to withhold these cost-sharing reduction payments. To make up for the lost payments, insurers in Maine would have to **raise premiums for affected plans by [16 percent](#) or more — or they might decide not to offer coverage at all.**
- [Creating uncertainty about whether it will enforce the ACA's individual mandate.](#) The individual mandate encourages healthy consumers to buy health insurance by requiring them to pay a penalty if they don't. But the Administration has [intimated](#) that it may stop enforcing the mandate. If insurers believe the mandate won't be enforced, they will **raise premiums by up to [20 percent](#) nationwide** to cover the resulting increase in per-enrollee costs.
- [Discontinuing outreach during one of the most critical weeks of open enrollment.](#) In its first week in office, the Administration abruptly halted outreach and marketing activities for the final week of the 2017 open enrollment period. That decision likely led to tens or hundreds of thousands [fewer sign-ups](#) nationwide for 2017, especially among younger, healthier consumers, which will mean **higher per-enrollee costs and premiums going forward.**
- [Finalizing rules that will cut tax credits and make it harder for people to sign up for coverage.](#) Under [new rules](#) finalized in April, millions of consumers will likely receive less help paying for coverage, the open enrollment period for 2018 will be shorter, and consumers who need coverage outside of open enrollment — if they lose coverage through their job, for example — will have a harder time signing up. These changes are likely to mean fewer sign-ups and again will contribute to **higher per-enrollee costs and premiums going forward.**

Maine's insurance commissioner [warned](#) a few weeks ago, "the uncertainty is extremely problematic. If [insurers] don't get [CSR payments], I fully expect double-digit increases for three carriers on the exchanges here." And indeed, Maine's preliminary rate filings show evidence of sabotage. For example, Maine Community Health Options, one of three marketplace insurers in Maine, [explained](#) that 15 percentage points of its 19.6 percent 2018 rate increase is due to

uncertainty about the individual mandate. Meanwhile, Anthem, another major Maine insurer, has [warned](#) that it may contract its marketplace participation across multiple states if the Administration does not at least guarantee continued payment of cost-sharing reductions. It has already followed through on that warning in [Ohio](#).

Final Marketplace Options Will Depend on What Policymakers Do Next

In the ACA marketplaces' first four years, every consumer nationwide had options for marketplace coverage. To ensure that the same is true this year, federal policymakers must, at a minimum:

- [Give insurers certainty that they will receive the cost-sharing reduction payments they're owed](#). Without that certainty, [governors](#) and [insurance commissioners](#) of both parties, [insurers, providers, and the Chamber of Commerce](#) have predicted that insurers won't just raise prices, many will stop offering marketplace plans altogether.
- [Commit to administering the law of the land](#). That means enforcing the ACA's individual mandate and undertaking the outreach needed to make sure consumers know about the coverage options available to them.
- [Work with insurers and state insurance commissioners](#) — as the previous Administration did — to facilitate insurer entry into new markets and make sure consumers everywhere in the country have options.

Provided There Are Marketplace Options, Most Consumers Will Be Protected

Fortunately, the ACA is designed to shield most consumers from the rate increases that could result from the Trump Administration's actions, as well as from normal increases that will occur as insurers continue to bring premiums in line with costs. Consumers will be protected as long as the Administration's sabotage does not leave people in some parts of the country without marketplace options — and as long as the ACA itself stays intact.

That's because, under the ACA, most marketplace consumers don't pay sticker price for their health coverage. Instead, 86 percent of Maine enrollees qualify for tax credits that are designed to keep coverage affordable for consumers no matter what headline premiums are. Under the ACA, people with incomes up to 400 percent of the federal poverty level — about \$100,000 for a family of four — pay no more than a set percentage of their income for benchmark health coverage. If the price of coverage increases, tax credits increase to compensate, and the amount families pay stays the same.

This year, for example, headline premiums rose significantly, as marketplace insurers adjusted their premiums to make up for earlier underpricing. Even so, nearly 70 percent of Maine marketplace consumers had 2017 plan options for less than \$100 per month in premiums — about the same share as in 2016 — because tax credits shielded consumers from premium increases.

Most Maine marketplace consumers could buy plans for less than \$100 per month in premiums.

Marketplace consumers also benefit from the ability to shop around for coverage. Maine marketplace consumers had a choice of [25 plans on average for 2017](#), and *all* consumers had at least some choice of plans, compared with almost one-third of people with employer coverage who can opt only for the single plan their employer offers.

The House ACA Repeal Bill Would Make Maine's Challenges Far Worse

Along with sabotage by the Administration, legislative efforts to repeal the ACA threaten access to affordable coverage. The House ACA repeal bill, for example, would significantly worsen disruption in the individual market next year, raising individual market premiums by 20 percent and reducing enrollment, according to Congressional Budget Office [estimates](#).

Over the longer run, the House bill would further worsen affordability for marketplace consumers because tax credits would shrink and would no longer adjust based on people's income or the cost of their coverage. The bill would also increase headline premiums (by repealing the individual mandate) and would increase deductibles and other costs.

Overall, it would [increase total out-of-pocket costs](#) (premiums net of tax credits, deductibles, copays, and coinsurance) for current Maine marketplace consumers by an average of \$4,000 in 2020, and by far more for older and lower-income people. These increases would cause thousands of Mainers to lose coverage altogether and leave thousands more burdened with unaffordable premiums or deductibles that would keep them from accessing care.

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For a version of this fact sheet with links to sources, see <http://www.cbpp.org/sites/default/files/atoms/files/6-21-17health-factsheets-me.pdf>.