Federal rental assistance helps struggling seniors, people with disabilities, veterans, and working families keep a roof over their heads, often by helping them afford rental units they find in the private market. Ten million people in over 5 million low-income households receive federal rental assistance.

127,200 people in 65,000 Colorado households use federal rental assistance to afford modest housing. 72% are seniors, children, or people with disabilities.

...but 4 in 10 low-income* people in Colorado are homeless or pay over half their income for rent. Most don't receive federal rental assistance due to limited funding.

Rental assistance supports working families: 53% of non-disabled, working-age Colorado households receiving Department of Housing and Urban Development rental assistance include at least one worker.

Rental Assistance Supports All Types of Colorado Communities

Rental assistance helps 112,000 people in cities and suburbs, as well as 15,300 people in rural areas and small towns.

Federal rental assistance programs provided Colorado with $628 million in 2020.
Rental Costs Have Risen Dramatically in Colorado

The median rent (including utilities) for an apartment in Colorado was $1,370/month in 2019, a 30 percent increase since 2001.

But wages for many jobs have not caught up.

As a result, 367,000 people in 180,900 low-income Colorado households pay more than half their income for rent, often forgoing necessities, like food or medicine, to keep a roof over their heads. The federal government considers housing unaffordable if it costs more than 30 percent of a household's income.

Federal Rental Assistance Hasn’t Kept Pace

Despite the importance of rental assistance, more federal dollars go to homeownership subsidies like the mortgage interest deduction, which mainly benefit higher-income households, instead of families that struggle the most to afford housing. Colorado communities only thrive when everyone — renters and homeowners, whether Black, brown, or white — have access to decent, affordable housing.

367,000 low-income Colorado renters pay more than half their income for housing. Most don’t receive rental assistance due to funding limitations. Who are they?

28% are children
44% are working adults
12% are seniors
17% have a disability
4% are veterans

When low-income renters can’t find a decent, affordable apartment, they are more likely to be evicted and risk becoming homeless.

On a single night in 2020, 9,850 people experienced homelessness in Colorado. An estimated 21,570 Colorado school children lived in shelters, on the street, doubled up with other families, or in hotels or motels during the 2018-2019 school year.

Our country’s current policy approach gives more help to those who need it least. We can change this. Policymakers need to work together to expand rental assistance and ensure that all Colorado residents have access to good, affordable homes.

Last updated January 18th, 2022

*Low-income = household income not exceeding 80 percent of local median income. For a family of three in Colorado, 80 percent of the local median is equivalent to $66,950. Download data for all 50 states and D.C. here. Full sources and methodology available here.