

820 First Street, NE
Suite 510
Washington, DC 20002

Tel: 202-408-1080
Fax: 202-408-1056

center@cbpp.org
www.cbpp.org

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CONTACT: Jim Jaffe, Michelle Bazie
(202) 408-1080
State Group Contacts on page 5

STATES CUTTING LOW-INCOME PROGRAMS IN RESPONSE TO FISCAL CRISES

As states cut spending to balance their budgets in the current recession, programs that serve low-income populations are being reduced in states throughout the country, according to a new study, *States Are Cutting Low-Income Programs in Response to Fiscal Crisis: Less Counter-Productive Options Are Available*, by the Center on Budget and Policy Priorities.

Some 19 states have already made specific, identifiable cuts to low-income and human services programs, according to the report. Of these, 17 have cut health care programs, and ten have cut income support or employment support programs (such as child care and job training). Seventeen of the 19 states have also cut other social service programs.

Another eight states have implemented broad, percentage-based reductions in agency budgets that include agencies serving low-income populations. And at least eight other states are currently considering budget cuts to low-income and human services programs proposed by their governors. All told, more than two-thirds of the states have already taken steps to cut spending on programs that serve low-income residents.

Although the study highlights the cuts in programs for low-income populations, it also catalogues the many approaches that states are using to balance their budgets. These include tactics as disparate as de-linking state estate taxes from the federal estate tax changes, postponing scheduled tax cuts, joining multi-state lotteries, and using funds from state settlements with the tobacco industry that states otherwise would have received over the next 25 years to close current deficits.

Specific examples of states that are cutting programs for low-income populations include **Washington**, where the governor has proposed budget cuts that disproportionately target human services; **Florida, Illinois, Indiana**, and **Oklahoma**, where significant reductions in Medicaid spending have been implemented; and **Kentucky** and **Michigan**, which cut welfare spending. In all, 35 states so far have moved to cut aid to poor families, and others may follow.

“Cutting programs for low-income families may be the single most damaging step that states can take during a recession,” said report co-author Kevin Carey. “Such programs are intended to act as automatic economic stabilizers, because they

Robert Greenstein
Executive Director

Iris J. Lav
Deputy Director

Board of Directors

John R. Kramer, Chair
Tulane Law School

Henry J. Aaron
Brookings Institution

Ken Apfel
University of Texas

Barbara B. Blum
Columbia University

David de Ferranti
The World Bank

Marian Wright Edelman
Children's Defense Fund

James O. Gibson
DC Agenda

Beatrice Hamburg, M.D.
Cornell Medical College

Frank Mankiewicz
Hill and Knowlton

Richard P. Nathan
*Nelson A Rockefeller Institute
of Government*

Marion Pines
Johns Hopkins University

Sol Price
*Chairman, The Price Company
(Retired)*

Robert D. Reischauer
Urban Institute

Audrey Rowe
Lockheed Martin, IMS

Susan Sechler
The Aspen Institute

Juan Sepulveda, Jr.
*The Common Experience/
San Antonio*

William Julius Wilson
Harvard University

naturally expand to meet increased levels of need when families lose jobs and income. Because low-income families tend to spend the entirety of the income they receive from such programs, the automatic stabilizers help bolster state economies.”

State Fiscal Crisis the Worst in Two Decades; Poorly Chosen Cuts Can Worsen Downturn

State fiscal conditions, already in decline prior to the September 11 attacks, are rapidly approaching a state of crisis. According to the National Conference of State Legislatures, revenues in 43 states are below estimates and 36 states have already planned or implemented cuts in public services. The National Governors Association estimates that total state budget deficits nationwide for the current fiscal year will exceed \$40 billion.

“States must balance their budgets each year, so they can’t simply borrow funds to cover deficits,” Carey said. “Instead they usually must cut spending and/or raise taxes. The trouble with both kinds of measures is that, to varying degrees, they take money out of the state economy, so they potentially can worsen the economic downturn. It is important to try to close deficits in ways that are least damaging to the economy, such as raising revenues from higher-income residents.”

Reducing services for low-income people is especially hard on a state’s economy, according to the report, because these people tend to spend most or all of every dollar they receive. According to a recent report by economists Peter Orszag and 2001 Nobel Prize winner Joseph Stiglitz, cutting spending on programs that serve low-income people tends to reduce consumption — and thus state economic activity — by the full amount of the spending reduction. By contrast, measures that reduce the incomes of higher-income people, such as certain types of tax increases, cause a smaller decline in consumption because such families are likely able to draw down savings to pay the taxes.

Examples of Reductions in Low-Income Programs

The **Arkansas** Department of Health Services took administrative actions to reduce state Medicaid expenditures in FY 2002 by approximately \$13 million. The cutbacks include eliminating a program for people with high medical expenses, which will affect 13,000 people, and ending or modifying coverage for disabled children who require home health services, which will affect 3,000 children.

The **Florida** legislature met for two special sessions before passing \$1 billion in cuts to the state budget, which included \$48.6 million from Medicaid services to individuals, \$5 million from long-term care programs, \$4.7 million from child protection programs, and \$2.4 million from home and community services for the elderly.

In response to falling revenues, the governor of **Illinois** made cuts to FY 2002 Medicaid expenditures, including \$90 million from hospitals that serve high percentages of low-income patients.

Indiana has taken steps to cut Medicaid funding by \$251.1 million through eligibility restrictions and reductions in spending on services including pharmacy drugs, nursing homes, and dental care.

Executive budget cuts in **Kentucky** included \$5.9 million from the TANF program, \$1 million from welfare-to-work programs, and \$8.5 million from health services.

The governor of **Maine** has proposed a budget-balancing plan that includes Medicaid cuts of \$5.2 million from funding for hospitals, \$4 million from delaying expanded coverage, \$4.1 million from nursing homes, and \$2 million from group homes.

The governor of **Washington** included \$246 million in cuts to human services programs as part of his budget-balancing proposal — more than the reductions in higher education, K-12 education, natural resources, and general government combined. While human service programs constitute 32 percent of the state's general fund budget, they account for 43 percent of the governor's proposed reductions.

Maintaining Low-Income Programs Can Assist Families and Strengthens Economy

The need for programs that assist low-income families has risen sharply in recent months, largely due to rising unemployment. The ranks of the unemployed increased from 5.7 million to 8.2 million workers from November 2000 to November 2001, the largest one-year increase since 1982.

“The automatic economic stabilizers are apparently working,” said Center Deputy Director and report co-author Iris J. Lav. “With rising joblessness and declining family incomes, applications for programs such as Medicaid, the Food Stamp program, and cash assistance have risen in most states over the last several months.

“By meeting these growing needs and providing resources to the households most likely to spend immediately the financial assistance they receive, states can help support consumer spending and bolster their economies,” Lav said.

Some States Are Choosing Less-Harmful Ways to Balance Budgets

States can balance their budgets without cutting low-income programs or undermining the automatic stabilizers. In fact, several states are choosing other options. Some states have explicitly protected low-income programs from budget reductions. Budget cuts in **Colorado** and **Ohio**, for example, specifically excluded Medicaid funding.

Other states have drawn down on state “savings,” which add dollars to the state economy and can help improve economic activity. Lawmakers in **Arizona** and **Massachusetts** chose to use rainy day funds and other fiscal reserves to forestall larger program reductions.

Other states have looked at the revenue side of the budget. States including **Florida** and **Virginia** have delayed new tax cuts that were scheduled for 2002, while **Alabama**, **North Carolina**, and **Ohio** raised new taxes to help balance their budgets.

“Increasing revenues to avoid taking benefits away from families that need them can be a positive step for state budgets and state economies,” Carey said.

The report, *States Are Cutting Low-Income Programs in Response to Fiscal Crisis: Less Counter-Productive Options Are Available*, is available on the Center’s website, <http://www.cbpp.org>.



The Center on Budget and Policy Priorities is a nonpartisan research organization and policy institute that conducts research and analysis on a range of government policies and programs, with an emphasis on those affecting low- and middle-income people. It is supported primarily by foundation grants.

State Group Contact List

ALABAMA

Arise Citizens' Policy Project

Kimble Forrister
334-832-9060

ARIZONA

Children's Action Alliance

Elizabeth Hudgins
602-266-0707

ARKANSAS

Arkansas Advocates for Children & Families

Richard Huddleston
501-371-9678

CALIFORNIA

California Budget Project

Jean Ross
916-444-0500

COLORADO

Colorado Fiscal Policy Institute

Adela Flores
303-573-5421

CONNECTICUT

Connecticut Voices for Children

Shelley Geballe
203-498-4240

DISTRICT OF COLUMBIA

D.C. Fiscal Policy Institute

Ed Lazere
202-408-1080

IDAHO

United Vision for Idaho

Judy Brown
208-882-0492

ILLINOIS

Voices for Illinois Children

Andrea Ingram
312-516-5556

KENTUCKY

Kentucky Youth Advocates

Rick Graycarek
502-875-4865

MAINE

Maine Center for Economic Policy

Christopher St. John
207-622-7381

MARYLAND

Maryland Budget & Tax Policy Institute

Steve Hill
301-565-0505

MASSACHUSETTS

TEAM Education Fund

Jim St. George
617-426-1228 ext. 102

MICHIGAN

Michigan League for Human Services

Sharon Parks
517-487-5436

MINNESOTA

Minnesota Budget Project

Nan Madden
651-642-1904

NEW JERSEY

Association for Children of New Jersey

Jeannette Russo
973-643-3876

NEW YORK

Fiscal Policy Institute

Frank Mauro
518-786-3156

NORTH CAROLINA

North Carolina Budget & Tax Center

Kim Cartron
919-856-3193

OREGON

Oregon Center for Public Policy

Chuck Sheketoff/Jeff Thompson
503-873-1201

PENNSYLVANIA

Pennsylvania Partnerships for Children

Diane McCormick
717-236-5680

TEXAS

Center for Public Policy Priorities

Eva de Luna Castro
512-320-0222

WISCONSIN

Wisconsin Budget Project

Jon Peacock
608-284-0580 ext. 307