Nationwide, over 2.2 million poor, uninsured adults are in the Medicaid coverage gap – too poor to qualify for Affordable Care Act (ACA) marketplace assistance, yet ineligible for Medicaid because their state hasn’t enacted ACA Medicaid expansion. In Texas, some 766,000 uninsured adults in the coverage gap would become eligible if the state expanded Medicaid.

Expansion would provide coverage to Texans who are now shut out of coverage. To qualify for Medicaid in Texas, parents must earn less than 17% of the federal poverty line (or less than $3,733 for a family of three annually). Adults without dependent children are not eligible for Medicaid at all.

Who Is in the Coverage Gap in Texas?

77% are in families with at least one worker, and 39% are parents with children at home. 42% are women of reproductive age.

Work and Family
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In a Family With at Least One Worker
- At least one worker: 77%
- No worker: 23%

Parents With Children at Home
- Children at home: 39%
- No children at home: 61%

Women of Reproductive Age
- Women of reproductive age: 42%
- Other: 58%

Industry
Many work in jobs that are crucial to the state’s economy but often pay little. The most common industries for people in the coverage gap in Texas are restaurants and other food services, construction, and home health care services.

- Restaurants and other food services: 96,000
- Construction: 63,000
- Home health care services: 30,000
How Would Closing the Coverage Gap Help Texans?

Improving access to care and health outcomes

- Expanding coverage increases the use of preventive care and reduces the utilization of emergency care.
- The state’s decision not to expand Medicaid cost the lives of 2,920 Texans aged 55-64 from 2014 to 2017 alone.

Reducing racial and ethnic disparities

- People of color make up 60% of the coverage gap population nationwide, and 74% in Texas.
- Closing the coverage gap is one of the most effective ways to reduce disparities in coverage and health outcomes.

Covering more children

- As newly eligible parents seek coverage, many will also enroll their children.
- Over 250,000 children, including 98,000 in Texas, would have gained coverage if all remaining non-expansion states had expanded Medicaid in 2020.

Improving financial security

- People with coverage are less likely to face catastrophic medical costs, leave bills unpaid, or borrow money to pay for medical care.

Reducing uncompensated care costs and creating state savings

- Research shows that state costs of expanding coverage are largely or fully offset by savings in uncompensated care and other areas.
- The American Rescue Plan offers an additional $5.7 billion to Texas should it expand Medicaid, enough to fully cover the cost for 3.1 years.

Sources: CBPP analysis of 2019 American Community Survey, see “Closing Medicaid Coverage Gap Would Help Diverse Group and Narrow Racial Disparities” [link]; “Medicaid and CHIP Eligibility and Enrollment Policies as of January 2021: Findings from a 50-State Survey” [link]; CBPP calculations based on supplemental estimates from “Medicaid and Mortality: New Evidence from Linked Survey and Administrative Data” [link]; “Medicaid Expansion Would Have a Larger Impact Than Ever during the COVID-19 Pandemic” [link]; “Assessing the Fiscal Impact of Medicaid Expansion Following the Enactment of the American Rescue Plan Act of 2021” [link]